

**GOVERNMENT OF MEGHALAYA  
HEALTH & FAMILY WELFARE DEPARTMENT**

No.HEALTH.99/2020/190

Dated the 23<sup>rd</sup> December,2022.

**Health Advisory**

There has been a recent surge in COVID cases observed in countries outside India. Although there is no reason for any panic but, in view of the festive season, it is hereby advised that the general public may adhere to COVID appropriate behaviour by wearing mask in crowded indoor places and adopt good hand hygiene practices.

Travellers who have come from outside of the country are advised to carefully monitor their symptoms for at least 7(seven) days from their time of arrival in to the State. On any suspicion of COVID symptoms like fever, cough, sore throat, they are encouraged to immediate test themselves for COVID in any of the testing facilities across the State.

Sd/

Principal Secretary to the Government of Meghalaya  
Health and Family Welfare Department.

**Memo.No.Health.99/2020/190-A**

**Dated Shillong, the 23rd December,2022.**

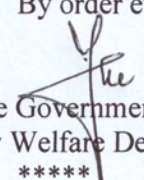
Copy to:-

1. The Commissioners & Secretary to the Governor of Meghalaya, Shillong for kind information of Governor.
2. The Private Secretary to Chief Minister, Meghalaya, Shillong for kind information of Chief Minister.
3. The Private Secretary to Deputy Chief Minister, Meghalaya, Shillong for kind information of Deputy Chief Minister.
4. The Private Secretary to Health Minister, Meghalaya, Shillong for kind information of Minister.
5. Private Secretaries to all Minister, Meghalaya, Shillong for kind information of Minister.
6. Chief Executive Members, Khasi Hills Autonomous District Council, Shillong/Garo Hills Autonomous District Council, Tura/Jaintia Hills Autonomous District Council, Jowai.
7. Private Secretary to Chief Secretary for kind information of the Chief Secretary.
8. The Additional Chief Secretaries/Principal Secretaries/Commissioners & Secretaries/Secretaries of all the Department, Government of Meghalaya.
9. Director of Health Services (MI)/(MCH&FW)/(Research), Meghalaya, Shillong.
10. Director of Information & Public Relation for wide circulation in the Print/Electronic media of the State.
11. The Director General of Police, Meghalaya, Shillong.
12. The Deputy Commissioner, East Khasi Hills District, Shillong/West Khasi Hills District, Nongstoin/South-West Khasi Hills District, Mawkyrwat/East Jaintia Hills District, Khliehriat/West Jaintia Hills, Jowai/ Ri-Bhoi District, Nongpoh/West Garo Hills, Tura/South-West Garo Hills, Ampati/East Garo Hills, Williamnagar/South Garo Hills, Baghmara/North Garo Hills District, Resubelpara, Eastern West Khasi Hills, Mairang.



13. Joint Director of Health Services (MCH&FW) I/c IDSP, Meghalaya, Shillong.
14. District Medical & Health Officer, East Khasi Hills District, Shillong/West Khasi Hills District, Nongstoin/South-West Khasi Hills District, Mawkyrwat/East Jaintia Hills District, Khliehriat/West Jaintia Hills, Jowai/ Ri-Bhoi District, Nongpoh/West Garo Hills, Tura/South-West Garo Hills, Ampati/East Garo Hills, Williamnagar/South Garo Hills, Bagmara/North Garo Hills District, Resubelpara.

By order etc.,

  
Deputy Secretary to the Government of Meghalaya,  
Health & Family Welfare Department

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